

THE SEVENTH  
**ORANGE COUNTY  
WOMEN'S HEALTH SUMMIT**

**ADVANCING HEALTH EQUITY FOR  
WOMEN IN ORANGE COUNTY**

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**FRIDAY, NOVEMBER 8, 2019**

8:30 AM - 2:30 PM

BECKMAN CENTER OF THE NATIONAL ACADEMIES OF  
SCIENCES & ENGINEERING



Orange County

**WOMEN'S HEALTH PROJECT**

**PROGRAM**

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## 7th ORANGE COUNTY WOMEN'S HEALTH SUMMIT: Advancing Health Equity for Women in Orange County

Friday, November 8, 2019 at the Beckman Center

**8:30 am Registration & Light Breakfast**

**9:00 am Welcome & Recognitions**

- Allyson Sonenshine, JD, Founding Director, OCWHP
- Dena Rubin, MPH, Program Manager, OCWHP

**9:20 am Policy Update**

- Assemblywoman Cottie Petrie-Norris, AD 74
- Allyson Sonenshine, JD, Founding Director, OCWHP
- Mona Shah, JD, MPH, Advocacy Advisor, OCWHP

**9:30 am Keynote Address: Working Toward a Healthier & More Equitable California**

- Sandra R. Hernández, MD, President & CEO, California Health Care Foundation

**10:15 am OC Equity Update**

- Taryn Palumbo, JD, Executive Director, OC Grantmakers

**10:25 am Stretch Break**

**10:30 am Panel – Drivers of Women's Health Inequities in Orange County**

*Moderator: Allyson Sonenshine, JD, Founding Director, OCWHP*

- **Geography** – Nichole Quick, MD, MPH, County Health Officer, Orange County Health Care Agency
- **Racism** – Ambrocia Lopez, MAT, Director of Mission Programs, Susan G. Komen Orange County
- **Immigrant Status** – Monica Eav Glicken, Esq., Directing Attorney, Immigration Unit, Public Law Center
- **Sexual Orientation & Gender Identity** – Laura Kanter, MSW, LGBTQ & Social Justice Advocate, Consultant & Trainer, The Dorsey Group LLC

**12:00 pm Lunch & Poster Session**

**1:00 pm Implicit Bias Training**

- Candace Burton, Assistant Professor, PhD, RN, AFN-BC, AGN-BC, Sue & Bill Gross School of Nursing, University of California, Irvine

**2:30 pm Wrap Up & Close**

# POSTERS & PRESENTERS

- 1. Health Inequities: Conducting a health assessment to understand the needs of LGBTQI Latinx communities in Southern California**  
Grizell Alvarado, MPH, Latinx Task Force
- 2. Lactation Environment on California University Campus: A qualitative review**  
Lisa Bandong, MPH, Lecturer, Public Health, California State University San Marcos
- 3. Elucidating the Relation Between Human Milk Fatty Acids and Infant Health Outcomes in the First Year of Life**  
Diana Bickmore, Student, Graduate Student Instructor, Food Science, Chapman University
- 4. Empowerment of Women in Recovery**  
Preet Joneja, PsyD, Clinical Director, Anaheim Lighthouse Treatment Center
- 5. Being Counted Matters**  
Laura Kanter, MSW, Consultant, Santa Ana Building Healthy Communities
- 6. How Muslim Women Living in the United States Seek and Access Healthcare, and What Barriers They Face**  
Wafa Khasawneh, PhD, MSN, RN, IBCLC, Assistant Professor, Nursing, California State University, Dominguez Hills
- 7. Chinese E-Women Project – A Breast Health Education and Engagement Program for Chinese American Women**  
Alice Lee, PhD, MPH, Assistant Professor, Public Health, California State University, Fullerton
- 8. Responding to the Mental Health Needs of Pregnant and Postpartum Women of Orange County**  
Angela Mains, LCSW, Clinical Navigator, Therapist, Hoag Maternal Mental Health
- 9. Engaging Women in their Health through UNIDAS por la Vida Research Study**  
Ariana Martinez, MPA, BS, Project Management - Clinical Research Supervisor, Health Education and Wellness, AltaMed Health Services Corp.
- 10. Peer Education Improves Nutrition for Low-Income Latina Mothers in Orange County**  
Stephanie Monterroza, MPH, Community Education Supervisor, Orange County Cooperative Extension, University of California Agriculture and Natural Resources
- 11. Social and Demographic Differences Among Women Diagnosed with Polycystic Ovary Syndrome**  
Tiffany Nguyen, PharmD, Postdoctoral Fellow, School of Pharmacy, Chapman University

# POSTERS & PRESENTERS

**12. Opioid Prescribing Patterns for Women of Reproductive Age and Pregnant Women**

Salena Marie Preciado, MS, Graduate Student, Chapman University School of Pharmacy

**13. Opportunities to Decrease Preterm Births Among African American (AA) Women in Los Angeles County (LAC)**

Diana Ramos, MD, MPH, Adjunct Assistant Clinical Professor, Obstetrics/Gynecology, Keck School of Medicine, USC

**14. Taking Action to Reduce Infant Feeding Disparities in Los Angeles County**

Nakeisha Robinson, MA, LMFT, Equity Chair, BreastfeedLA

**Access abstracts for the poster session here:**

<http://bit.ly/2019summitabstracts>

# **SPEAKER BIOS**

## **ALLYSON SONENSHINE, JD**

### **Founding Director, Orange County Women's Health Project**

Allyson Sonenshine has 25 years of nonprofit, legal and volunteer experience in women's health. In 2011, she founded the Orange County Women's Health Project, a nonprofit dedicated to advancing local women's health through education, collaboration, and advocacy. Prior to the OCWHP, she was an attorney in Los Angeles and subsequently helped establish the SOS-El Sol Wellness Center in Santa Ana. She is the past Board Chair for both Essential Access Health and Planned Parenthood of Orange & San Bernardino Counties. She graduated with honors from the University of Pennsylvania and earned her JD at USC School of Law.

## **DENA RUBIN, MPH**

### **Program Manager, Orange County Women's Health Project**

Dena Rubin has over 30 years of experience developing and managing health and human service programs in California. Ms. Rubin has supported the OCWHP with addressing women's health priority health issues since 2014. She also assisted the OC Social Services Agency with coordination of a county-wide system for funding, expanding and supporting Family Resource Centers (FRCs) through collaborative grant development, community engagement, strategic planning, coordination and management of the Prop 10 funded health access initiative/Bridges Maternal Health Network, as well as development of a comprehensive Child Abuse Prevention Plan. Prior to working in Orange County, her public health work was recognized by both the Santa Barbara County Health Care Services and the Los Angeles County Department of Health Services - AIDS Program Office. Dena earned her Master's in Public Health from UCLA.

## **ASSEMBLYWOMAN COTTIE PETRIE-NORRIS, AD 74**

### **California State Assembly**

Cottie Petrie-Norris Assemblywoman Cottie Petrie-Norris represents the 74th Assembly District which includes South Huntington Beach, Newport Beach, Laguna Beach, Laguna Woods, Costa Mesa and most of Irvine. Cottie is a successful businesswoman, community leader, wife and mom. Cottie grew up in San Diego County in a hardworking family and is a proud product of Southern California public schools. Cottie went on to Yale University where she double majored in Economics and English. Over the past 20 years, Cottie has enjoyed a successful career in finance and marketing. She has built businesses and led teams at Fortune 500 corporations, small companies and start-ups. Cottie has lived and worked in Washington DC, South Africa, London and, for the past 7 years, back in Southern California. Cottie lives in Laguna Beach with her family – her husband Colin, two sons Dylan and Hayden, and their rescue dog Flounder.

## **MONA SHAH, JD, MPH**

**Health Policy Consultant**

**Project Director, Health Funders Partnership of Orange County**

Mona Shah is a Health Policy Consultant and the Project Director for the Health Funders Partnership of Orange County. With an extensive background in health policy and advocacy issues, she primarily works with non-profit organizations, philanthropies, and government agencies. Previously, Mona worked for the consulting firm Health Management Associates. Prior to moving to California, Mona was the Senior Health Policy Advisor to US Senator Barbara Mikulski as well as Staff Director for the US Senate Subcommittee on Children and Families, Committee on Health, Education, Labor and Pensions. Mona drafted several sections of the Affordable Care Act and spent time working on health related legislation and appropriations issues. She is an Advisory Board member of the Orange County Women's Health Project and on the Board of Directors for Essential Access Health and Pretend City Children's Museum. Mona earned her JD with a Certificate of Concentration in Health Law from the University of Maryland School of Law. She received both her Master of Public Health in Health Policy and Management and Bachelor of Science in Human Biology and Anthropology from Emory University.

## **TARYN PALUMBO, JD**

**Executive Director, Orange County Grantmakers**

Taryn Palumbo serves as the Executive Director of Orange County Grantmakers, a regional association of philanthropic funders in Orange County. As Executive Director and sole staff, Taryn provides strategic leadership, oversees and executes programming, communication, member services, community engagement, and supports the operations of the organization. Taryn joined OCG in January 2017 and was promoted to Executive Director in February 2018. Taryn has also served as a consultant with United Way Orange County, helping to launch UpSkill OC, a middle skills job initiative and with The Olin Group, supporting a variety of nonprofit clients. Taryn spent four years with the San Francisco Chamber of Commerce, first as their Manager of Public Policy and later as their Director of Strategic Partnerships. She created, grew and implemented UniteSF, an education/workforce development initiative, and co-chaired San Francisco's Small Business Week Committee. Taryn earned her Juris Doctorate from Chapman University School of Law and passed the CA Bar in 2011. She earned her B.A. from Loyola Marymount University.

# **SPEAKER BIOS**

## **SANDRA HERNÁNDEZ, MD**

### **President & CEO, California Health Care Foundation**

Sandra R. Hernández, MD, is president and CEO of the California Health Care Foundation, which works to improve the health care system so it works for all Californians. Prior to joining CHCF, Sandra was CEO of The San Francisco Foundation, which she led for 16 years. She previously served as director of public health for the City and County of San Francisco. She also co-chaired San Francisco's Universal Healthcare Council, which designed Healthy San Francisco. It was the first time a local government in the US attempted to provide health care for all of its constituents. In February 2018, Sandra was appointed by Governor Jerry Brown to the Covered California board of directors. She also serves on the Betty Irene Moore School of Nursing Advisory Council at UC Davis and on the UC Regents Health Services Committee. Sandra is an assistant clinical professor at the UCSF School of Medicine. She practiced at San Francisco General Hospital in the HIV/AIDS Clinic from 1984 to 2016. Sandra is a graduate of Yale University, the Tufts School of Medicine, and the certificate program for senior executives in state and local government at Harvard University's John F. Kennedy School of Government.

## **NICHOLE QUICK, MD, MPH**

### **County Health Officer, Orange County Health Care Agency**

Nichole Quick, MD, MPH is currently County Health Officer for the Orange County Healthcare Agency. Dr. Quick is board certified in General Preventive Medicine & Public Health, and Addiction Medicine. She completed a preventive medicine residency at the University of California, San Diego and received a Masters of Public Health from San Diego State University. Prior to joining Orange County Health Care Agency in August, Dr. Quick served at the Public Health Officer for Yuba County in Marysville, CA, overseeing the Health & Human Services Public Health Division.

## **MONICA EAV GLICKEN, ESQ.**

### **Directing Attorney, Immigration Unit, Public Law Center**

Monica Eav Glicken is the Directing Attorney of the Immigration Unit of Public Law Center, a non-profit, pro bono law firm located in Santa Ana, CA that provides free legal services to low-income Orange County residents in the areas of immigration, family, consumer and bankruptcy, health, housing, non-profit and small business formation, and veterans' benefits. PLC's Immigration Unit provides assistance in various areas of immigration law, including deportation defense, citizenship and naturalization, and immigration relief for survivors of domestic violence and other crimes. Monica is a graduate of Harvard Law School and Harvard University. Before joining the Public Law Center, she ran her own immigration law practice, worked as a supervising attorney at a boutique immigration law firm, served as an Attorney Advisor at the Chicago Immigration Court, and served as a judicial law clerk for a federal judge in Philadelphia, Pennsylvania. As a child of immigrants from Cambodia and the Philippines, it is a passion and a vocation for her to defend the rights and dignity of immigrants and refugees.



## **LAURA KANTER, MSW**

**LGBTQ and Social Justice Advocate, Consultant and Trainer, The Dorsey Group LLC**

Laura Kanter has a Master's Degree in Social Welfare from UCLA and over 20 years of experience as a social justice advocate across multiple communities. She has worked on local, statewide and national policies related to women at risk for HIV/AIDS, marriage equality, the end of Don't Ask Don't Tell, educational rights for LGBTQ+ youth, school discipline reform and restorative justice, transgender rights, and immigrant rights. In 2012 she was selected as a Women's Policy Institute Fellow through the Women's Foundation of California and has received multiple awards for her work including being named the "Best Voice for the Little Gay" by OC Weekly in 2012; the M. Katherine B. Darmer Outstanding Community Service Award by the Orange County Lavender Bar Association in 2015; one of Orange County's 100 Most Influential People by the OC Register in 2016; and the Orange County Human Relations Diverse Community Leader Award in 2017.

## **AMBROCIA LOPEZ, MAT**

**Director of Mission Programs, Susan G. Komen® Orange County**

Ambrocia Lopez is the Director of Mission Programs at Susan G. Komen® Orange County. In this role, Lopez oversees the implementation and evaluation of the Affiliate's missions programming, including the grant making process, community outreach, education, health policy and special initiatives. She is responsible for guiding the Affiliate's strategic response to gaps in access to care. She obtained a Master in the Art of Teaching from the University of California, Irvine. Ambrocia has over seventeen years of experience working with Orange County non-profit agencies focusing on access to health care, education, and advocacy for high risk, low income families and children.

## **CANDACE BURTON, PhD, RN, AFN-BC, AGN-BC**

**Assistant Professor, Sue & Bill Gross School of Nursing, University of California, Irvine**

Dr. Candace W. Burton is an Assistant Professor in the Sue & Bill Gross School of Nursing at the University of California, Irvine. She is a former domestic violence advocate and her research focuses on the bio-behavioral and biological health effects of intimate partner violence and sexual assault. Dr. Burton is a trained qualitative and mixed methodologist, and has published on intimate partner violence, young adult women's health, cultural stressors, social media in nursing, and women's reproductive health in the context of coercive and controlling relationships. She holds undergraduate degrees in Studies in Women and Gender and in Nursing from the University of Virginia, and PhD from the University of California, San Francisco. Dr. Burton is certified by the American Nurses Credentialing Center in both Advanced Forensic and Advanced Genetics Nursing. She also received a certification in diversity and inclusion from Cornell University in 2019.





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Independent Consultant

The **Orange County Women's Health Project** is a fiscally-sponsored project of Charitable Ventures. Launched in 2011, our mission is to advance women's health in Orange County through education, collaboration and advocacy.

For more information, please visit [www.ocwomenshealth.org](http://www.ocwomenshealth.org).