

June 1, 2018

# OPPOSE PROPOSED GAG RULE IMPACTING ACCESS TO CRITICAL WOMEN'S HEALTH CARE

In May, the Trump administration proposed new rules regarding the federal Title X Family Planning Program that would drastically affect women's access to family planning services and health care.

#### WHAT IS TITLE X?

For decades, the Title X Family Planning Program has been an essential element of women's access to health care, helping women have healthier families and lead healthier lives.

The federal program provides comprehensive family planning care for women and ensures high-quality health care regardless of their socioeconomic status, race, or ability to cover out-of-pocket costs associated with contraception services.

It is the only federal domestic program focused solely on providing women with critical reproductive health services related to family planning and contraception, including physical exams, prescriptions, laboratory exams, contraceptive supplies, and referrals when medically needed. The program also offers educational and counseling services for both providers and patients.

Title X clinics serve about 4 million individuals each year and fill a void in access to family planning services that would otherwise not be available to many women.

## WHY ARE THE PROPOSED NEW REGULATIONS HARMFUL TO WOMEN?

## REDUCES ACCESS TO HEALTH CARE PROVIDERS

The new rule takes away funding for family planning services from providers who also perform abortions, such as Planned Parenthood. Even though no federal funding is given for any type of abortion services, these providers would now be denied funding for other types of care. Patients who visit these providers would lose access to essential family planning and reproductive care.

#### IMPOSES A DOMESTIC GAG RULE



The new rule also prohibits doctors, nurses, hospitals, community health centers and clinics that receive federal Title X funds from referring women to clinics that provide abortions, even if they ask. This means that even providers who don't perform abortions would still be barred from talking about the procedure with their patients. This would put doctors and other health care workers in a difficult position: If a patient with an unplanned pregnancy asks about her options, they would have to omit abortion from the list. If a patient asks specifically whether she can get an abortion, they would have to say no or refuse to discuss the issue.

### DISPROPORTIONATELY AFFECTS LOW INCOME WOMEN

Title X funding is mandated to focus on patients who are low-income or uninsured, or otherwise have difficulty getting health care. Two-thirds of patients who get care through the program live at or below the federal poverty line. If abortion providers were excluded from Title X, other Title X providers would have to increase their caseloads, which may not be feasible. This means many patients will simply go without contraceptive care, STI screenings, and other crucial health services.